New coordinator hired; takes advisory position

by Eddie Villegas
Mike Foudy has been hired to fill the vacant Veterans Affairs Coordinator position, and began

He will also be the new advisor for the Associated Students of Hartnell College, a position previously held by Dean of Student Services Jose Madrigal.

"There will be additional duties in that student affairs is a very important part of the job that has never been included before. The position is new and unique in that it combined the veterans program and student affairs," Foudy said, and sees the addition as "very demanding and challenging."

Foudy believes that relieving Madrigal as advisor to the ASHC is beneficial for the students. "Jose

Madrigal, as a dean, had restrictions in the amount of time that he was able to spend with the students. I've made myself available to the students at any

Foudy has a B.A. in industrial studies, a B.S. in business management and a M.A. in education from San Jose State University. He also holds a counseling credential and administrative credential

Foudy was previously a teacher in the Salinas school district for six years, Gonzales High School senior class counselor and teacher in the alternative high school program, Hartnell counselor in agriculture and technology for one semester and Hartnell counselor at Fort Ord.

Although Foudy is not a veteran, he believes his "experience at Fort Ord was good training for the

It is not definite, but Foudy suspects he will be teaching a class during the summer for new student officers dealing with leadership and the Parliamentary procedure.



Getting in the habit

student

— this process Northern California. Daro Encallado hoists the evidence, flanked by Marc Cox

Hartnell Collegnation (44), Joe Mazzuca (11) and Ron McClure (70). For more on the game, see page nine.

Solinas, For the second consecutive year, the Panthers climaxed the football season with a championship trophy Northern California. Daro Encallado hoists the evidence, flanked by Marc Cox (13), Ron



ASHC to sponsor 'Christmas Extravaganza' here Dec. 16

Feliz Navidad from the Associated Students of Hartnell College!

ASHC's Christmas Extravaganza will provide a means for students, faculty and staff members to share in promoting the Christmas spirit

throughout the campus and wit members of the community at large.

The event will be held Dec. 16 fror 10 a.m. to 10 p.m. in the studen lounge. It will consist of music refreshments, a children's program theatrical performances, singers dinner and a special appearance b Santa Claus.

Associated students are als sponsoring a door and wall decoratin contest. Any classroom, department c faculty member is encouraged t "create" a door to reflect the meanin of Christmas. All clubs on campus ar encouraged to "create" the same aur by decorating a wall in the studer

Three prizes will be awarded. Door and walls are judged on the followin criteria:

Originality

Construction

•Theme

Judging will take place between and 5 p.m. on Dec. 6 and the winner will be announced at 6 p.m.

For more information, call Lill Martinez or Giovanis Montero at th Associated Students office, 758-821

ASHC meeting conducted illegally

by Kelly Simmons

The first ASHC meeting held in over a month was conducted illegally, according to the ASHC constitution.

The Dec. 3 meeting was chaired by President Lilly Martinez in the absence of chairman Giovanis Montero. Vicechair Ruben Benitez should have conducted the meeting in Montero's

When an audience member called for "Parliamentary inquiry," since he believed the meeting was being illegally, Martinez conducted responded, "That's not on the agenda so we cannot discuss it.

The Senate unanimously approved a policy for placing items on the ASHC meeting agenda. The policy states that

all information must be submitted in writing by 1 p.m. on the Monday eight days prior to the regularly scheduled meetings, which are held on the second and fourth Tuesdays each month, at 11 a.m. and 5:30 p.m. respectively, in the student lounge. All material will be reviewed by the executive committee of the ASHC for appropriateness and will not be available for public inspection.

When asked if this wasn't the same procedure that was used by the governing board and deemed unfair by the ASHC, Martinez stated that in this case there is an executive committee reviewing the material rather than just the president, as is the case with the governing board. The Associated

Students said they have no intention of denying anyone the right to speak, but want to preview information that could be delicate, such as personnel matters.

In other action:

•The Senate appropriated \$500 from their budget for a Christmas dance on Dec. 18. Martinez noted that ASHC's last dance was very profitable, and proceeds from this dance could help purchase a copier.

 An all-day Christmas extravaganza for the college and community was planned for Dec. 16.

•Six clubs were recognized by the ASHC: Enabler Activist Club, Hartnell Christian Fellowship, Animal Health Technology, EOPS, MEChA and the Ski

ASHC mad at board

Board drops wire cutting issue

by Kelly Simmons

In a statement made at the Dec. 1 governing board meeting, Hartnell Superintendent/President Dr. Gibb R. Madsen recommended the Hartnell College Governing Board take no further action in the ASHC phone wire cutting incident of May 28, 1981.

new board passed the motion unanimously in their first action of the evening, ASHC President Lilly Martinez leapt to her feet to declare that "The Associated Students are outraged" at the board action.

Madsen says his statement was issued after consultation with county counsel and local police, with the consensus being that there is not enough evidence for the school to take legal action against the student accused of cutting the phone wires to the ASHC office.

In an earlier interview, Madsen indicated that he liked to see school problems solved within the school. Despite governing board closure of the matter, both the ASHC and the accused student have hinted at the possibility taking further legal action. Daniel Bautista, student representative to the governing board, said that "as far as we're (the ASHC) concerned, the case is not closed." Madsen addressed this comment by saying, "The damage was done to the college and not to the student body. It is the college's responsibility

Evidence provided by the ASHC includes a sworn declaration made June 1, 1981, by college construction worker Ernest Lopez, who claims in the declaration to have seen a young man cut the wires to the ASHC office at 3:30 p.m. on May 28,



Lilly Martinez: "...outraged..."

1981. The statement goes on to say that after being shown a newspaper picture of Scott Ables, Lopez

implicated Ables as being the young man he saw.

A memo to the Hartnell College Governing Board, dated Oct. 6, from Dr. Victor Wm. Willits, Dean of Management Services, and Jose Madrigal, Dean of Student Services, states that Madrigal discussed the incident with Lopez on two occasions and quotes Lopez as saying, "The person I saw appeared to have lighter colored hair," after being shown another newspaper photo of Ables. The memo says that during the second discussion Lopez was "asked to come in after work hours to the dean of student services' office and make a positive identification of the student. Mr. Lopez was hesitant in refusing to cooperate, making the statement that he was tired of being hassled by the students and their legal representative and did not wish to be involved in the future."

The ambiguous statement, "hesitant in refusing to cooperate," was cleared up by Lopez, who said that he never agreed to any of Madrigal's appointments and that he told him he could not meet with him (Madrigal) during working hours. Lopez denies saying he was hassled by the students

and their legal representative.

Editorial: ASHC does not represent students

Associated Students of Hartnell College and the student representative to the board of trustees have been pursuing their own interests instead of doing what they are elected to do.

ASHC Vice President Giovanis Montero said the role of the ASHC is to "promote student participation in extra-curricular activities."

If this is their role, they have been doing a poor job

doing a poor job.

They have concentrated their efforts for the most part on solving the "wire-cutting incident," which began in May, and have not been paying enough attention to the students.

Montero said the reason they are devoting so much time to this issue is because the board of trustees has been "dragging their feet in resolving the matter."

Since the trustees saw no need for further action, they closed the matter at the Dec. 1 meeting of the board.

The board considered and reconsidered the evidence and found it scanty and insufficient. It's about time the matter was closed.

ASHC is very good at crying racism. When the board said the administration made a complete investigation of the allegations and did not see any reason to pursue the matter, the ASHC president and the student representative to the board got excited.

Lilly Martinez, president, said, "As far as we're concerned, this is another demonstration by the board of a pattern of discrimination that is occurring at Hartnell — Gibb Madsen, you are responsible for this."

Daniel Bautista, the student representative, said the way the board handled the situation was "a big joke" and "a conspiracy."

"All I know is there is no type of

justice," Bautista said.

ASHC was and still is so involved in the wire-cutting incident and their own personal concerns they have not made the needed effort to reach out to students for input.

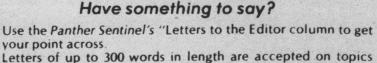
If the ASHC would set up a rally in front of the library, for example, to get the views of the students on what they want from the ASHC, it would benefit both the students and the officers.

The main problem with the ASHC is they do not get or search for student input. They don't seem to care about the students.

Walter Ryce, student, said that the students at large have no say so in the actions of the current student officers.

Ryce said, "If he (the student representative) speaks for us, he should come to us...we should give him directions. I don't see where the

student body has any say in what the rep. does — it doesn't. I feel as if I and many of the students have been circumvented.



Letters of up to 300 words in length are accepted on topics relating to Hartnell Letters over 300 words are subject to

Letters must include the signature of the writer and — preferably on a separate sheet of paper — the writer's telephone number for verification.

Once the editor has verified authorship of the letter, the phone number will be discarded and therefore neither printed nor used for any other purpose.

Address letters to:

Editor

Editor
Panther Sentinel
Hartnell College
156 Homestead Ave.
Salinas, CA 93901



Of interest..

The Salinas City Recreation and Park Department is sponsoring the third annual Rock Sounds Concert scheduled for March 5, 1981.

Rock Sounds will feature three local bands selected by audition who will perform with a full-scale professional light show.

Money for the equipment comes from the small admission charged. Performers will receive \$25.

For further information, call the Salinas Community Center at 758-7351 between 8 a.m. and 5 p.m. by December 23.

The Santa Barbara Ballet is coming to Sherwood Auditorium with two performances of the "Nutcracker Ballet." The programs, presented by Salinas Performing Arts, will be Saturday, Dec. 19 at 8 p.m. and Sunday, Dec. 20 at 2:30 p.m. Advance tickets are available at Wardwell's Magnavox in Salinas, Abinante's Music Store in Monterey and Countrywide Crafts in Carmel. Prices range from \$3.50 to \$9.50 with prices at the door being \$2 higher.

Music for the performance will be provided by the Santa Cruz Chamber Orchestra and children from the Joann Adair Dance Arts will join in the ballet.

Registration for the Spring semester is coming up in January, the date unspecified as yet. Deadline for making an appointment with a counselor to discuss your classes is Dec. 18.

For further information, see one of the many signs around campus.



Human Lib

Prejudice leaves student in cold

by Bunny Stevens

Randy Barnes likes rodeo, horses, riding, steer wrestling, calf roping, freedom and his girl back home in Nuevo, Ca — although not necessarily in that order. Randy is here because he wants to make his career in rodeo, and Hartnell's team is one of the top four in the nation.

In order to participate on a top team, however, Randy has had to give up some things like a roof over his head and a warm bed to sleep in. He hasn't been able to find a place to live. So, his slightly wrinkled, cow-patty-green 1973 Ford pick-up truck has been home for Randy and his dog Captain.

Randy's horse Bear has fared somewhat better -

there are deluxe accommodations on East Campus for horses — but it seems there ain't none nowhere for cowboys. No dorms. And the landlords of Salinas get a "no vacancy" look in their eyes when they hear that two or three young adults are looking for a place to hang their cowboy hats.

Randy is good people. Raised in the country — one of four children — he has been riding since his father strapped him in the saddle and turned him loose on an old horse they called the Babysitter when he was two years old. He has been competing since he was 13, and he placed third in steer wrestling in his first college rodeo last weekend.

Randy's a nice guy, he's talented and he knows what he wants — to be the best. That takes many long hours of practice every day. After all that steer wrestling, Randy doesn't have much energy left over for tearing up houses or apartments. He just wants a decent place to sleep.

As I see it, Randy and many other people like him fall victim to assumptions — in this case, the asumption that a young single person cannot be a responsible tenant. Our assumptions are our windows on the world. If we don't scrub them off once in a while, we eventually see only the dirt — the light won't come in.



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Second Opinion

Score: Board 0, ASHC 0 — we lose

by Dave "Doc" Moseley

Well, whaddya know? After some four years of off-and-on attendance at this institution, I've finally discovered that Hartnell does offer entertainment other than football, basketball and baseball.

Now all we have to do is figure out how to get the Coast Conference Commission to adopt board of trustee meetings as a competitive sport.

Ah, I can see it now. A separate page in the Sporting News. Photos in Sports Illustrated. And, just maybe, revealing interviews with trustees and ASHC representatives in Inside Sports on their tormented personal lives.

And, perhaps the epitome of recognition, Frank Gifford, Howard Cosell and Don Meredith hosting "Tuesday Night Board" on ABC-TV:

"The ASHC has won the toss and elected to kick," Fearless Frank would report fearlessly.

"Frank," that's not an unusual move for the ASHC in these tough games," Dandy Don would comment dandily. "When it gets down to business, they like to mix it up, especially with the trustees. You gotta figure on this being a low, hard kick, to either the throat or to the groin."

"And that it is, Don, a vicious shot right at the rookie president. De La Torre fields it...bobbles it momentarily...regains composure and gets a solid block from the veteran Madsen, but is finally interrupted by Bautista after a gain of 37 words."

"Dr. Gibb R. Madsen," Humble Howard would humbly pontificate. "The mainstay of this trustee team. The backbone of its intimidation defense. Some say Bill Bryan was the greatest of all time at the middle intimidator position before his recent retirement, but Madsen has been in there shooting devastating glares and incapacitating rhetoric for so many years, and he's nowhere near the end of his career."

"All right, Howard, it's first and ten insults for the ASHC. Bautista barks the signals...he's back to gesture...no,

it's a delayed draw to Lilly Martinez...and she is crushed by an ohso-cool maneuver by De La Torre."

so-cool maneuver by De La Torre,"
"They call that the 'Not-at-this-time

Runaround, Frank."

"And did you see the move by the man I just noted, a beautiful staredown by big Dr. Gibb R., totally shutting off the reverse option. the man is a

"The ASHC has decided to fumble out of bounds, their usual move under these circumstances. Don, what do you see as their main problems this season?"

"Frank, they just don't seem to be able to execute. They're a young team with enough talent to go places in this league, but they just can't get together on a solid game plan."

"Some have said, Danderoo, that much of the fault therein may lie with their coach and offensive coordinator."

"Yeah, ol' Jose has really been taking some heat from the rest of the league, but I gotta believe that it's a lack of communications between coach and players. Neither of 'em should take all the flak."

"How about the trustees, Don?"
"Frank, they're established. They've only got two rookies, but both are top draft picks. The board is definitely the team to beat this year, but this young ASHC bunch might just be the ones to knock 'em off, if they can regroup and capitalize on the board's refusal to make any changes in their game plan. You can't run the same plays year after year and not expect somebody to catch up to you."

"And a great year it's stacking up to be. 'Tuesday Night Board' will return right after this word from Lite Beer from Miller."

Tell me, is that a Nielsen chartbuster, or what? To get the ball rolling, write to Roone Arledge, President, ABC Sports, 50 United Nations Plaza, New York, N.Y., 10019.

There are two problems with it, though: All games go to sudden death, and nobody wins.

Ethnic studies offered in spring

by Giovanis Montero

The first of a series of four recentlydeveloped Ethnic Studies courses will be offered next semester, one year after the hiring of the Chicano Studies instructor.

Juan Oliverez, sociology instructor who developed the courses, will teach Chicano Leadership (Ethnic Studies 2) which focuses on the contemporary Chicano leadership during the '60s and up to the '80s and beyond. The course also looks at the political power in rural and urban communities and the interplay between an individual, his community and society at large.

Oliverez says there is "a need to promote more serious study of Chicanos." since they are a significant minority in the state of California. Society must accept and "appreciate the cultural diversity that we

(Chicanos) value."
Another course offered next semester is Mexican American history (History 49B). Oliverez — who will also teach this course — sees the need to have a Chicano here teaching about Chicanos and hopes that it will promote more understanding of Chicanos and sensitivity toward them.

Other courses developed in this department include:

•Chicanos in American Society (E.S.

•Third World Experience in the U.S. (E.S. 1)

•Chicano Culture (E.S. 4)
All units completed are transferable

and can be used to fulfill the general education requirements when working toward an A.A. degree.

Oliverez hopes these courses are only the beginning of what can be developed to understand Chicanos. He hopes that the program will expand to include the study of all ethnic minority groups since "there is a need and a demand for Ethnic Studies."

Dr. Manuel Rivera, associate dean of humanities and social sciences, has expanded the program to include Black History and Culture (History 45) to be taught by Fred Anderson. This course will be offered next semester

Rivera says that "there is still a notion that Ethnic Studies is for ethnic minorities." These courses are open to everyone who wants to learn about minorities and at certain universities (Chico State, for example) an ethnic studies course is required to get a B.A. in any field.

The Ethnic Studies program will become a reality after the hiring of Oliverez over one year ago. He was hired to teach Chicano Studies, but presently teaches sociology and marriage and family.

He is a 1976 graduate of U.C. Berkeley and is presently continuing his studies there. He is pursuing his doctorate in sociology; the topic of the dissertation is student activism with a case study of San Jose State University during '67 and '73.

As a 1967 graduate of Hartnell, he

feels "privileged" to have the opportunity to return to his community and teach everybody about Chicanos and all ethnic minorities. "If people

can accept Chicanos for who they are (a diverse, heterogeneous people), we might not have that much cultural conflict."





The Midnight Oil

Outrage! ASHC fails to represent us!

by Kelly Simmons

If you are a concerned student at Hartnell, don't read my column this issue. Chances are I won't be telling you anything you don't already know.

This column is only for the eyes of students who don't care enough about Hartnell College to attend the Governing Board meeting or Student Council sessions. (I suppose it's pure folly to believe you might even care enough to read the school newspaper.) I can only assume that a vast majority of the students on this campus don't even care enough to vote for their own representatives. If you really cared, you would be outraged by what's going on.

Since you care enough to have read my first two paragraphs, I'll fill you in.

The last ASHC meeting began 25 minutes late with only four senators in attendance. (Ten minutes is the cutoff for meeting cancellation). The chairperson was missing, so the President chaired the meeting. (This is against the ASHC constitution. The vice-chair should have taken over).

Basically, this means that a) the ASHC does as it pleases, and b) on occasion the entire student body is being represented by four people.

The November tenth meeting was canceled due to a lack of business. the Nov. 24th meeting was canceled due to a lack of senators. (sound familiar?) It must be noted that although the appointed senators were absent, two senate-hopefuls faithfully arrived, as they do for each ASHC meeting (these are the two gentlemen considered "unqualified" to sit on the student senate). ASHC Secretary Pamela Rhodes canceled the meeting within 20 minutes (please take note of this number. HINT: compare it to another number mentioned a few paragraphs ago). She said that the other senators had phoned in and were ill.

One of the sick senators was seen strolling past the library ten minutes after the meeting was canceled. I can only assume that he had contracted walking pneumonia.

. I imagine some of you are thinking that all of this is rather petty. But is it

petty to point out that the ASHC has devoted a major portion of its time trying to "get" Scott Ables on a charge on the same level with a Halloween prank? Is it petty to point out that the ASHC has given a major portion of its club money (approximately 71%) to a club called MEChA that specifically serves the Mexican-American population? Is it petty to point out that ASHC President Lilly Martinez and Student Rep Daniel Bautista waste a major portion of their breath crying "racism, racism, racism" at every board meeting in response to every action not made in their favor?

I don't believe that the ASHC or the student rep. is actually guilty of any real wrong-doing. But by sheer number and by sheer involvement, they wind up representing only a small portion of the student population. There are a lot of students at Hartnell who are not Chicano. But a precious few of them are politically involved.

I often give our representatives a hard time when I feel that they are being unfair or are making miostakes.

Obviously, they are far from perfect. But they care enough about the causes they believe in to work for them. And if they believed in giving away all their money to MEChA, at least they cared enough to do it.

It is unfortunate that ASHC senators are appointed by the ASHC president, as this limits the chance for varied representation. But it makes the voting of the ASHC President vital.

It is unfortunate that the Governing Board has not elected to allow the student rep. more rights. But with the possibility of those rights being granted in the future, it makes the choice of student rep a vital one, also.

Lilly Martinez and Daniel Bautista were elected. If Lilly is not a fair president and Daniel is not a fair representative, we have only ourselves to blame.

There is a great lesson to be learned from all this: those of you who do not care enough to vote for representatives sensitive to your needs will never see those needs fulfilled.

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Fencing: you can wield a sword during the '82 spring semester

by Carol Weshenfelder "En garde!"

Two opponents face each other, their weapons raised, held in gloved hands. Each one is wearing a wire mesh mask with a bib connected to the front for throat protection and a padded jacket to protect the upper torso and groin area.

The rest of their clothing is blue jeans and sneakers. The weapons are foils. The foil is a light, flexible sword without a cutting edge and with a protective ball on the tip.

As they approach each other, they seem to glide across the strip rather than walk. Suddenly, an attack is made and blades clash; the sound reverberates off the walls.

Four other people stand in judging positions waiting to see whether a point or a foul is scored. The opponents separate briefly, then another attack is

made and a point is scored, in spite of a well-meaning parry.

Does this sound exciting? Wouldn't it be great to go back to the days of swashbucklers and duels? Wouldn't you like to wield a sword in the midst of a challenge?

Well, this is what you might see in Hartnell's auxiliary gym Monday and Wednesday mornings this semester. Fencing is a class offered by Hartnell to all students of any age, male or female, large or small.

It isn't hard to learn the sport and it yields benefits to those disciplined in it. It sharpens the eye, refines balance, and gives more grace to everyday movements. What's more, it's fun and completely safe.

Fencing will be offered in the spring semester of '82, at 9 a.m. Mondays and Wednesdays. Come fence with us!

No more late 'W's

New grading policy ruled

Dec. 11 was the last day to withdraw from classes with a "W" on your transcript.

A new state-mandated grading policy is now in effect at Hartnell for the first year. The new policy introduces the "CR" (credit), the "NC" (no credit), and gives more significance to the "W" or "withdraw" grade.

Late Xmas card mailers: Go generic, save bucks

If you still haven't sent out your annual mess of Christmas cards, Mark Eaton may be the man to see.

Eaton, artist with Hartnell's Reprographics office, has developed his own line of generic Christmas cards, and peddled them at the recent Fine Arts Sale for only \$2.95 for 15 cards and envelopes.

"Everything else is going generic, so I figured, why not?" Eaton said. The cards, printed on white stock, say merely "Christmas Card" on the cover, with no wording inside.

The "CR" shows completion of the course with a "C" or better. This will not effect the grade point average. Units attempted for which an "NC" is recorded will be considered in dismissal and probation procedures. It will not apply towards graduation and will not affect GPA.

Offering courses for credit or no credit allows the students the opportunity to explore other classes without concern for their grade point average.

If a student withdraws from a class before the 14th week, he will receive a "W" on his transcripts. After that, the student must be given a letter grade (A, B, C, D, NC or CR).

Excessive withdraws will be a factor in probation and dismissal procedures.

Academic probation results when a student with 12 or more units drops below a 2.0 (C) average. Progressive probation results when a student has 12 or more units but has failed to complete more than 50 percent of the



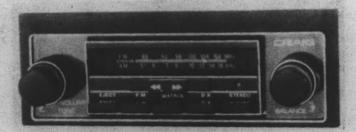
Crafts and consumers

The fourth annual Fine Arts Sale Dec. 2 and 3 was "Very successful," according to Visual Arts advisor Eric Bosler. Hartnell students peddled their artistic wares, from water colorings to ceramic roller skates, for the sake of the Fine Arts Club. Bosler said the profits may go toward the purchase of new equipment for the Visual Arts Facility.

— photo by Ted Do

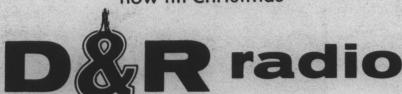
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Fine Arts Club has winter sale

Paintings, plant arrangements, ceramics and various other art works lined the walls and tables of the seminar gallery Dec. 2 and 3 as the fourth annual Winter Art Sale at Hartnell got into full swing.

The student art sale, sponsored by the Fine Arts Club, generated an estimated \$400 for the club and was a big success according to advisor Gary Beswick.

"The primary reason for the sale is as a club activity to raise revenue," said Beswick. The students also gain exposure into how an art sale is actually handled and it provides an expanded educational program.

Twenty-five percent of the sales went to the Fine Arts Club. Members of the club decide where the money will go.

In the past years, the sale has raised from \$300 to \$400 for the club, and the rest of the funds went to the individual artists.

This money has been put to various uses. The first year funds purchased a kiln. The second year, the money went into feature films which were shown to students and the public relating to the arts. The third year four speakers were brought in to talk to the art classes and the community. Funds from the last sale are to be used in the purchase of a kiln.

According to buyers at the sale, the items were very reasonable in price. They included ceramic pieces, watercolor paintings, plant arrangements and Christmas ornaments ranging from 10 cents to \$35. These items were brought in for sale or donation from some 30 art students.

The pieces were brought in free of charge, where in the past a \$1 fee was needed.

Paper seeks new members

The Panther Sentinel seeks to expand its staff and circulation for the coming semester.

Any student interested in becoming a staff writer is encouraged to meet with the editors and advisor to discuss his particular interests and possible contributions to the Sentinel.

Also for your convenience, the Sentinel can be mailed to your home or office. Clubs and organizations are also eligible to receive the Sentinel. Subscriptions are available at a rate of \$4 per academic year.

For more information on subscriptions or staff membership, call the Sentinel Tuesday through Friday at 758-8211, ext. 417, or come by room 209 in the Visual Arts Facility after 1 p.m.

One of the unique aspects of the Suzuki method, so named for its creator, Professor Shinichi Suzuki, is that it promotes a relaxed, informal setting. Students always play to an audience so they will learn to feel no nervousness. Part of this learning process is instruction in the technique of bowing. Attention is paid to position of the instrument as well as the body. Ryan Hattersley, 3, demonstrates the art.

Hartnell Conservatory of Music: Helping parents help child

by Kelly Simmons

The young people you see traipsing through the corridors of the Performing Arts building are not child geniuses whizzing through physics and calculus.

The little students are enrolled in the Conservatory of Music to "catch" some culture, in the view of Conservatory Director Robert Brown.

The brainchild of Vahe' Aslanian, former vocal music instructor at Hartnell, the Conservatory was founded in 1974 to augment the music departments of local grade and high schools. The Conservatory provides a musical outlet for the motivated student and produces a musical climate for the beginning student. The Conservatory serves an important function in the community.

Brown, director for the past two years, notes the need for the program: "A school's music instructor can't be expected to be expert on all instruments at all levels. A motivated kid needs a teacher who's a specialist in his field."

The Conservatory features specialized instruction by professional teachers on a wide variety of instruments in a small group situation. The group lesson combines the friendly competition found only in group lessons with the individualized attention and teacher-student relationship so valued in private lessons.

Lessons are given in piano, clarinet, percussion, flute, saxophone, trombone, guitar and trumpet. Ensemble lessons are offered in

percussion, woodwinds and brass; and there are classes in orchestra, music fundamentals and jazz improvisation and chorus.

Remaining true to Brown's edict that "culture is more readily caught than taught," the Conservatory offers sessions for the very young in the Suzuki violin and Yamaha piano methods

Both methods stress the importance of an early musical environment over the drudgery of rigid exercises and drills — the importance of feeling music over reading music. The added support of parental involvement is vital to the learning experience of both these methods.

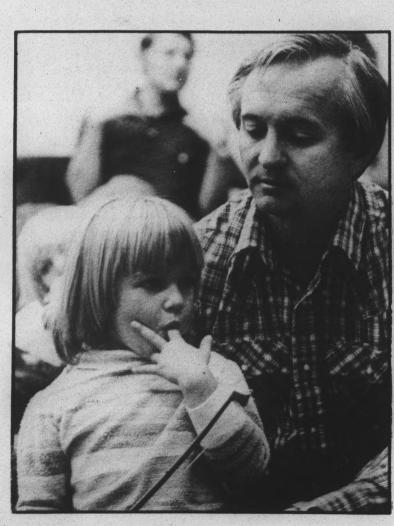
Fees for all classes are \$40 per semester, with a discount rate of \$25 per semester for additional children in the same family. The Conservatory is currently funded mainly through class fees and aims for future financial self-cufficiency.

Conservatory classes are held between the hours of 4-6:30 p.m. Monday through Thursday; 2-4:30 p.m. Friday, and all day Saturday, making eye illent use of the time left vacant by larger Hartnell students.

Parents interested in learning more about the Conservatory's musical programs should contact Brown at extension 257, or drop by his office, room 120 in the Performing Arts building. His love for music and for children is contagious, and if a visit to his office doesn't win you over, a visit to one of the classes will prove that all kids really do have talent.



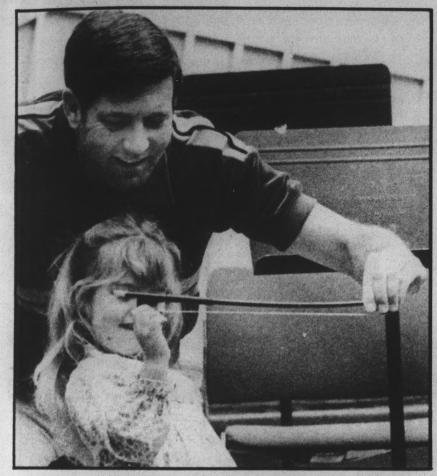
"Show me the difference between a high note and a low note," says Yamaha piano teacher Roxanna Lee, and her students do so by reaching "high" to the tops of their heads. Yamaha students learn not only to hear the music, but to feel it.



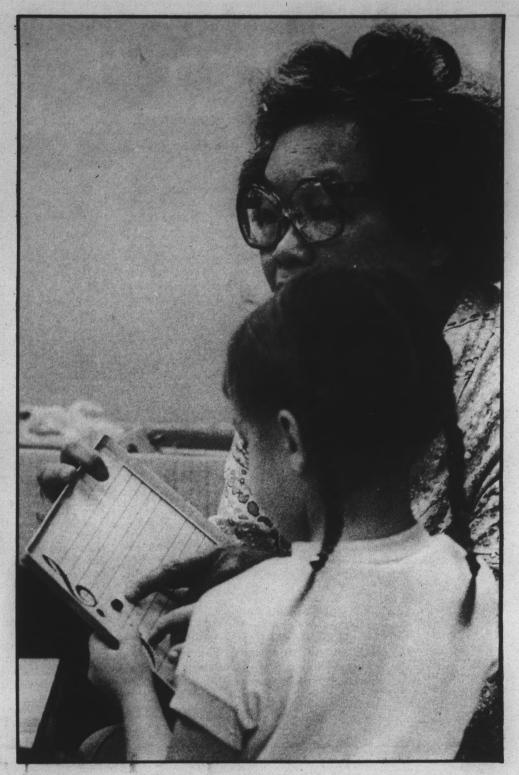
The Suzuki method is often referred to as the "Mother Tongue" method, as it applies the same principles in learning a native language ("You don't learn to talk by learning syntax.") to learning to play an instrument. But all Elizabeth Nelson, 3, knows about tongues is what she feels.



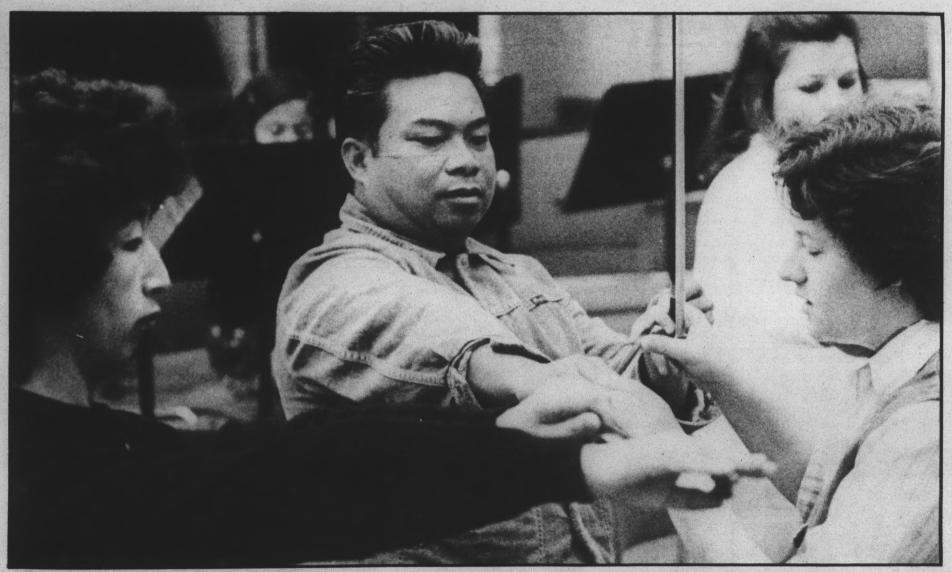
children to



It isn't all fun and games — Yamaha piano students work visually with the musical staff, learning to move the magnetic notes up or down, according to their pitch. Suzuki students learn the parts to their instruments and proper positioning and stance for their use. Above, Kellie Couch, aided by her dad, Tim, holds...and eyes...the "frog" of the bow. Right, Yamaha instructor Roxanna Lee indicates the position of "middle do," as in "do-re-mi."



photos by Dave "Doc" Moseley



In Suzuki and Yamaha classes, the parents are nearly as involved in the lesson as their children. According to Libby Dixon and Molly Johnson of the Cleveland Institute of Music, "Either the mother or the father attends all lessons so that (s)he understands the learning process and can feel secure when working with the child as home-teacher. The most important single ingredient for

success is the parent's willingness to devote regular time to work closely with the child and the teacher." Following that edict, Suzuki violin instructor Charleen Pyron (above) shows parents the proper way to hold the bow. Left, Mommy lends a helping hand on the keyboard in a Yamaha piano class.

Forkum hopes for team improvement

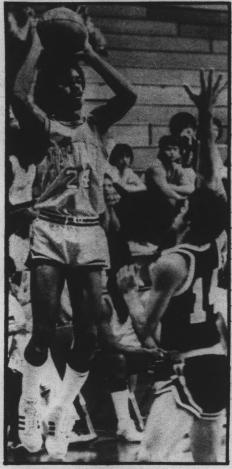
by Matt Peiken

Nothing fits the old saying "Don't judge a book by its cover" better than the 1981-82 Hartnell basketball team.

At first glance, they look like world-

There's enough talent on the team to make any coach happy.

But upon closer inspection, the talent begins to look like "uncontrolled talent" and that can make any coach's smile turn to a look of grief and frustration.



Tom Mays pops one in against Merced.

The coach, Jim Forkum, is in his first year at Hartnell serving as head coach in the absence of former coach Len Wilkens, who will probably be back to coach the Panthers next year.

"We just haven't been playing consistently," said Forkum, "Our shooting from the floor hasn't been good and we haven't played as a

The Panthers dropped three of their first four games of the year, losing to Columbia and West Hills in the Sonora Tournament and falling to San Joaquin Delta in the team's latest defeat.

Hartnell clipped Solano College in the Sonora Tournament for its only victory of the pre-season, at the time of this writing.

Rebounding has been a big problem for the Panthers. In fact, Hartnell has been out-rebounded in each of the team's first four games.

This, coupled with a low shooting percentage, has made winning a very hard goal to accomplish.

"You simply can't win if you don't make the shots," said Forkum, "and if you can't rebound the shots you miss, it makes things that much more difficult."

But, as stated earlier, there is plenty of talent on the team. According to Forkum, the team is improving with the passing of every game. With more practice time, the team should be ready to contend with Skyline and Menlo for the Coast Conference title.

Center: When Forkum first began to evaluaté his troops, he immediately found a lack of team height, and thus, a lack of a center.

But 6 foot 8 inch freshmen John Satre joined the team and filled the

void. Though he has been slow in developing as far as quickness and agility is concerned, he provides a much-needed ingredient to the rebounding aspect of the game.

Guard: According to Forkum, the guards have to assert themselves as leaders on the court if the team is to enjoy any success.

Sophomore Tommy Mays is playing well offensively and defensively. But, he is going to have to take a leadership role, according to Forkum, and he must score with more consistency.

Freshman Toby Winfield has been somewhat inconsistent and is not used to his play-calling role. But he is another talented player who will have to mesh with the others to bring consistency to the offense.

Forward: The forward position is possibly the strongest of the team.

Freshman Mike Hale has been the only consistent shooter on the team and has played well on defense, also. He doesn't take any unnecessary shots and his accuracy has been superb.

Hale became the first "player of the week" after four games by leading the team in scoring in three of them. He also put in the game-winning bucket against Solano with two seconds remaining in the contest.

On a team that hasn't rebounded too well, Eric Greene has been a valuable

The sophomore forward ripped down 18 rebounds in the loss to San loaquin Delta and has been a powerful force on the boards in the other games,

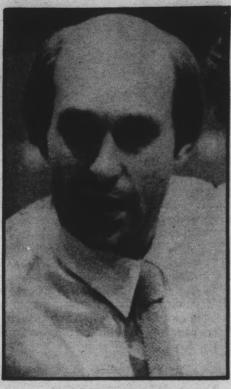
Though his shooting from the field could be better, his percentage from the free throw line has been excellent.

Other players who are expected to contribute much to the team are freshmen David Perez and Jerry Singley and sophomores Rich Myers

"We don't have guys who understand shot selection," said Forkum. "Aside from Mike (Hale), we've been taking unnecessary shots and we haven't been running the offense the way it should be run.

"We have talented people on our team, but our talent is coming from different directions. We have to develop a concept of 'team play'."

Hopefully, the pre-season will be a valuable learning experience for the Panthers. All 16 non-conference games will be against Division I opponents, some of them among the top in the



New men's coach Jim Forkum

Spier says women's team 'better than last year'

by Dave "Doc" Moseley Hartnell women's basketball coach Ellie Spier seems to have a lock on something that doesn't show up in the

statistics - confidence. She has to be confident to laud her team's efforts in a 52-18 trouncing at

the hands of powerhouse College of the Sequoias in the pre-season opener 'We did a really good defensive job against them," Spier said. "When we

went from a man (defense) to a zone, we forced several turnovers. "We've taken giant steps of improvement (since that game)," she

noted. "You go get blown out by 30 and drive home in the fog, and you're tired...and the next day, we had our best practice all year. That's the kind of kids they are. They get beat and they come back fighting.

With that in mind, plus a team that she says is "better than last year's,"



Women's coach Ellie Spier likes what she sees.

Spier is looking forward to the best season of the five she has coached at

As this is written, the Panthers have lost four preseason games, the latest to Porterville, 60-59 Dec. 5.

The Panthers finished the 1980-81 season with a record of 5-5 in Coast Conference play (8-12 overall) and split two games in the Shaughnessy

The 3-7 preseason mark is a bit misleading due to the fact that Hartnell schedules mostly Division I (large school) teams in gearing up for

the more balanced conference play. Spier says this is mostly due to necessity, since there are only three Division II conferences in the state, and the other two (Golden Valley and Southern) are out of traveling distance.

Four sophomores grace this year's roster. Denna Patton, Cindy Cortopassi, Laverne Woodrow (guards) and Kathy Cain (forward) give the Panthers leadership and experience.

Freshman center Janna Hawthorne, a North Salinas High School product, is expected to give them points and rebounds. She has the height (5-11) and adds the leaping ability to play at six feet-plus.

Spier cites defense and depth as Hartnell's strong points.

"Our defense is strong, and it'll get stronger," she said. "The offense will take a little while to spark, but it'll catch up.

'We're stronger than last year," she added, "and we have more options. We've got five people who can play at forward. (The players) are better athletes, and they have more high school experience.

Last year's squad finished in a tie for third place in the conference with Monterey Peninsula. The team missed a trip to the state playoffs by three points when it fell to Cabrillo in the conference playoffs.

Spier forsees Cuesta to be the team to beat in the conference this year, noting that the Cougars beat Fresno City College 61-33, while the Bulldogs walloped Hartnell 74-41 in preseason. Spier also sees the fight for the

second-place slot as the traditional one between Cabrillo, MPC and Hartnell. But she said hopes to "break the tradition by knocking one of them

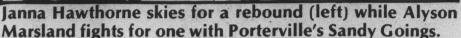
"It's gonna be interesting to see what happens between now and when league starts," she said. "There's a lot of chance to grow, and we're gonna grow a lot."

The Panthers open conference action Jan. 9 here against Gavilan. Preseason home games remaining include Modesto, Dec. 21 at 5 p.m. and San Mateo, Dec. 28 at 6 p.m.

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- photos by Dave "Doc" Moseley







Anthony Toney ran into a gathering of Eagles, but turned it into a 48-yard touchdown run.

NorCal title tackled — Panthers, 21-13

Anthony Toney and John Beavers combined for 205 yards rushing and two touchdowns Dec. 5, lifting Hartnell to a 21-13 triumph over College of the Siskiyous and its second straight Northern California (Division II) championship.

The victory gave the Panthers a 10-1 mark for the year and a number one state ranking for a second straight season.

But unlike a year ago, Hartnell will have to be satisfied with just the Northern California Championship. All

of Hartnell's chances to participate in a state championship game went down the drain when budget cuts were made that curtailed traveling expenses.

Antelope Valley clipped Porterville in the Southern California Championship game 13-12.

Hartnell jumped out to 14-0 lead before the Eagles got their hands on the ball

A pair of eight-yard scoring plays and two Jose Pandura PAT's accounted for the early advantage. Beavers opened the game's scoring on a counter-run up the middle. Matt Echevaria grabbed a Danny Teresa pass to close the first-quarter scoring.

Eagle Junior Hawkins cut the Hartnell lead to seven points with a 42-yard punt return late in the second quarter.

When it seemed that Siskiyous was ready to make a comeback, Toney dimmed all Eagle hopes in the third quarter on a brilliant 47-yard jaunt that opened up Hartnell's lead to 14 points (21-7)

An Eagle touchdown early in the final quarter pushed momentum from Hartnell's to Siskiyous' side. The fact that the PAT was missed didn't matter. The Panther defense held tight the remainder of the game.

No less than 11 players landed a Cabrillo's Sherman position on the first team All-Coast, defensive MVP honors.

Conference squad chosen by the conference coaches.

Offensively, Teresa was chosen for the first-team along with MPC's Jon Carlson at guarterback.

Toney was chosen as a member of the first-team backfield. Sophomore tight end Mark Oliver earned equal honors.

Sophomore linemen Jon Cook and Jeff McKinney were also named to the first team.

Linemen Craig Caster, Jeff Goldman, end Daro Encallado, linebacker Greg, Perez and defensive back Mike Grim were selected to the first team defense for Hartnell.

Fullback Beavers, receiver Joe Hicks and linemen Bill Maker and Don Harvey were selected to the second team offensively.

Linebacker Ron Livingston and defensive back Marc Cox earned spots on the second team defense.

Tight ends Matt Echevaria and Lou Bernadasci and lineman Dave Shroyer received honorable mentions.

The Panthers placed a total of 17 players on the three teams, eight of them being graduates from North Salinas High School.

MPC's Eric Richardson was named Most Valuable Player offensively. Cabrillo's Sherman Cocroft took



Dante Encallado (33) and Mike Grim used Eagle quarterback Steve Jones for a seesaw.

- photo by Dave "Doc" Moseley



The sweet taste of victory

Marc Cox (far left) enjoyed a touch of the bubbly in the locker room after the game, along with Dereck Cross (center) and Lee Green. Most of the liquid wound up on coach Marv Grim, as well as everybody else in the room.

- photo by Dave "Doc" Moseley

Season comes to end

Volleyballers end '81 season with loss

by Mike Hale

Although the Hartnell volleyballers finished the Coast Conference season with an impressive 10-4 record, the Panthers were badly crushed in the Shaughnessy Playoffs

Gavilan, which finished in the middle of the conference pack, ended Hartnell's hopes of continuing further in post-season play, with a win.

Oddly enough the Panthers bested Gavilan earlier in the season with match scores of 15-8, 15-6, and 15-11.

Hartnell finished second to undefeated Cuesta for the conference championship and played consistently well until the final weeks of the season.

The Panthers were upset by three losses in the team's final six games.

The Panthers were also victims of some confusion concerning their participation in the playoffs.

Originally, it was ruled that the team couldn't participate in the playoffs due to budget difficulties that would curtail the spending of traveling money

Coach Carolyne West, however, later received notice that her team would be able to participate in the Shaughnessy Playoffs. But the problem of preparation arose in that the team was notified just a day before the playoffs were to begin. This could have been a major contributor towards Hartnell's defeat.

Hartnell began the season on a roll, winning its first three contests against Skyline, Gavilan, and Ohlone. The team then traveled to Modesto and placed second in a five-team tournament.

The Panthers brought a 7-1 record into the second half of the season. But late losses plagued the team.

Hartnell's quest for championship never had a chance to materialize due to two losses to Cuesta during the conference season.

"It seems we were psyched out because Cuesta didn't have any

losses," said West, "Cuesta didn't appear to be exceptionally tough on offense, but played solid defense.

Injuries and "superstition" accounted for other conference losses to Gavilan and Cabrillo.

Against Gavilan, setter Denna Patton injured her shoulder in warmups and the team had trouble adapting to her vacancy.

Unexpectedly, Hartnell was beaten by Cabrillo after leading early in the match. It was probably just coincidence that the game was played on Friday the 13th.

Though there were fine individual efforts during the season, Patton and Ticka Simon remained consistent throughout the year. Both earned a spot on the first-team all-Coast Conference squad.



Ticka Simon

Busk named All-CC

Poloists finish 3rd, booters 4th

"Our goal is to finish third and win half our games, and I really believe we can do it.

These were the pre-season words of water polo coach Pat McCarty. Although finishing the season with a less-than-.500 percentage, this is the best finish in three years.

McCarty's poloists did manage a third-place finish in the Coast Conference behind powerhouses Cuesta and Cabrillo.

The Panthers had the help of brothers Phil and Paul Busk. Phil, a sophomore who scored 50 goals this season, was selected by opposing coaches as one of nine members of the All-Coast Conference team. Paul, also a sophomore, was one of five named to the honorable mention team

The Busks have only played two years of water polo in college. The rest of the All-CC players played four years in high school also.

McCarty also had praise for Dave Metge and goalie John Cunanan, who had a high of 20 saves in one game.

Soccer

Finishing fourth in a highly competitive conference behind Mission of San Jose, Ohlone and Modesto, the Panthers had a record of 6-7-2. Fourth place may not be a glorious standing, but coach Alex Golomeic said that "they could have placed anywhere," because there were no weak teams in the conference. Many games were decided by only one goal

Golomeic expressed high opinions of the performances of his freshman players, including Benjamin Gutierrez, who ranked third in scoring in the conference.

The soccer team also had players named to the All-Coast Conference team. Named to the first team wer sophomore Tony Hahn and freshman Sergio Esparza, whom Golomeic said were the two best halfbacks in the conference. The second team included freshmen Gutierrez and David Marquez.

Sports

Calendar

Men's Basketball Dec. 22 — Napa at Napa, 7:30 p.m. Dec. 23 — Hancock at Santa Maria, 7:30

Phil Busk

Dec. 29-30 - Hartnell Jamboree at Hartnell, 2:45 p.m. Jan. 6 - Menlo at Menlo, 7:30 p.m.

Jan. 9 — Gavilan at Hartnell, 7:30 p.m. Jan. 13 — Skyline at Hartnell, 7:30 p.m. Jan. 16 - Cabrillo at Aptos, 7:30 p.m.

Women's Basketball

Dec 17-19 — College of Marin Tournament at Marin, time TBA. Dec. 21 - Modesto at Hartnell, 5 p.m.

Dec. 23 — San Mateo at San Mateo, 5 p.m. Dec. 28 — San Mateo at Hartnell, 6 p.m.

Dec. 30 - Modesto at Modesto, 3 p.m. Jan. 8 - Gavilan at Hartnell, 7:30 p.m.

Jan. 13 — Skyline at San Bruno, 7:30 p.m. Jan. 15 — Cabrillo at Hartnell, 7:30 p.m.

Buckaroos outride top-ranked Cal Poly

At the east campus during the Thanksgiving weekend the Panther Rodeo team got their chance to overtake the West Coast region's current leaders, the Cal Poly Mustangs. The Panthers took first place at their home rodeo with 260.5 team points. This win narrowed Poly's lead but did not diminish the Mustangs' number one status.

An important contribution to the team's win was National Intercollegiate saddle bronc riding champion Chuck Morris' ride on the bronc Crazy Horse. The ride was marked 72 by judges Gary Hemstead and Jimmy Roddy. This gave Morris first place in saddle broncs and 87 team points for the Panthers.

Steve Smith, a rookie who made the team at his first rodeo, Cal Poly SLO Nov. 7 and 18, spurred his way to second place in the baregback broncs riding Sheepcamp. Smith's 67 point ride brought in 72 more team points.

Vance Avery, competing as a Hartnell individual, won the bareback riding and placed fourth in bullriding.

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These successes allowed Avery to take the all-around title for the rodeo. Avery, along with fellow Hartnell bareback rider Russ Bigelow, worked as the cowboy clowns during the bull riding event.

Team member Mark Schluter entered all three rough stock riding events and earned 69 team points for

Schluter's 55 score in saddle bronc riding was too low to place but he did come out 5th in bull riding, with 68 points.

Timed event hand Matt Englehart snatched 32.5 more team points when he and partner Charlie Brown made their 8.4 run in the team roping. Englehart and Brown split 2nd and 3rd with CalPoly SLO's Alan Gill and Rocky Carpenter.

Two other individuals also made first place wins. Dusty Vicke won the steer wrestling with a 4.6 second run. Jeff Jones took first in the calf roping, getting one tied in 9.6 seconds.

Laurie Warburton tied with Cal Poly SLO cowgirl Karen Macedo for the women's all around. Warburton won the goat tying in 9.4 seconds and roped her calf in 3 flat, placing second in break-away roping. Unfortunately-for the Hartnell women's

Warburton's points were individual. Partly as a result of this loss the Hartnell women's team split fourth with Fresno State, 42 points each. Redhaired Susy Leighton was the top scorer of the three women team members with a 3.9 run for fifth place in break-away roping and 27 team

Ski trips set for Dec. 19

Tours and trips to Yosemite National Park and the Swiss Alps are being offered for skiedrs this winter.

The Ostrander Lake Ski Hut is scheduled to open Dec. 19 in Yosemite.

Reservations for the hut can be made through the Yosemite Natural History Association, P.O. Box 545, Yosemite National Park, CA 95389.

The Hartnell Ski Club will meet today in rm. 108 of the Visual Arts building. Planning ski trips and sharing of ski information and ideas are the objectives of the club. There are no membership fees and it is open to all Hartnell students.



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EOPS peer advisor Lee Lawson adds to the shopping list. - photo by Janet van der Burg

EOPS finds good homes for 25 turkeys

The Extended Opportunity Program Student Association did its good deed for the Thanksgiving holiday by preparing 50 boxes of food for 25 needy families in Monterey County.

EOPS requested food donations to various businesses, organizations, community members, students and faculty members responded by donating such food items as flour, bread, beans, rice, canned goods and produce. EOPS used its own funds to purchase 25 turkeys and stuffing as well.

The families were selected through the Salvation Army and Department of Social Services. The food was delivered personally by the students who felt that the reactions were very positive. The families had no idea that they would receive these boxes of food. One single parent mother of six responded with tears, saying that she would have had no other way to feed



Members of the Enabler Club enjoy a hearty Thanksgiving meal in the student lounge. Club president Ron May heads the far end of the table with Wayne Davis, (far right), counselor for the handicapped, carving the holiday bird.

Investigative reporter speaks to news class

Salinas Californian reporter Doug Beeman cites "watchdogging, explaining and informing" as the keys to successful investigative reporting.

According to Beeman, watchdogging is the most important of

"Watchdogging is investigative reporting," said Beeman, "But it's more than just digging up the dirt on what is happening.

Beeman gave a personal experience to mass media students as an example of using watchdogging to get a story, or discover one.

Beeman detected some time ago that the county government overestimated its budget by over \$900,000. This fact was not released to the press. Beeman overheard some people discussing it and he investigated.

Beeman reported his findings. The public was informed on what was happening due to Beeman's investigations.

"If public officials know that someone is watching them, they'll be less inclined to do something wrong,

Explaining the situation is the

second important matter.

According to Beeman, it is the reporter's job to explain and clarify all matters to the public with the assumption that most readers don't

know the facts.
The third important factor, says Beeman, is informing the public, a throwback to explaining to the public.

Another factor of investigative reporting is putting pressure on the person in question.

A lot of information can be gathered with pressure tactics where ordinary reporting tactics will not work.

Beeman said that pressure tactics often make the interviewee defensive, getting information that would usually go unspoken.

Many people believe certain aspects of investigative reporting are uncalled for. These people cite examples of reporter accusations and virtual harassment. Though Beeman does not agree with some of these tactics, he believes it is sometimes necessary to put a person on the hot seat, especially when the story revolves around situations,

Media helps out minorities

"Alternative media help dispel ignorance institutional racism," Chicano news reporter told journalism students.

Roberto Robledo, a Salinas Californian reporter, addressed the students recently on the characteristics and purpose of alternative media.

Alternative media are "an attempt to dispel the stereotypes and lack of depth found in commercial newspapers," he said. It is "very critical of items of established media and how they are being covered."

'Alternative media can be used as vehicles...for advancing a cause, movement or progressive effort," he said. An example of this is the Voz Fronteriza, a bilingual newspaper which he presented to the class.

Alternative media are political, in - photo by Janet van der Burg nature. usually grassroots based and not heavily financed.

Robledo said that there are many daily newspapers without minority reporters. He attributes this to the lack of training and recruiting of minorities at the junior college and university levels. "Training and recruitment of writers has never won any broad-based backing from newspapers - editors in particular.

The Salinas Californian offers a minority internship program that is geared toward high school level students. This program emphasizes skills, techniques and professionalism.

After being employed with the Californian for the past two years, he doesn't see it returning to become a bilingual paper, as it was in 1836. There was a "more accurate portraval of our community at that time," he

Guests speak to Women On Campus

by Janet van der Burg and Tim Brazzil

Women on Campus is a group which originated from re-entry women's perspective orientation class. It was a four week class which ended too soon. The women from the class decided they would like to continue meeting, so they formed what used to be called the Sack Lunch Bunch. The Sack Lunch Bunch was terminated because it was not an official club. So the wrote up women constitution, changed the name and became an official club, Women on Campus (WOC)

WOC are a support group. They discover, discuss and deal with problems. But one doesn't have to be a re-entry woman to have problems and this was shown by the variety of people which attended the last meeting on Dec. 4.

The meeting dealt with making the best of the Holiday Season.

The speakers at each meeting are volunteer professionals. Lynn White Dixon of the Cypress Institute of Monterey was the speaker at the Dec. 4 meeting and spoke on how Christmas can be a time of cheer and togetherness or a time of stress and loneliness.

She said the important

thing is not to deny yourself the right to good or bad feelings.

To make the best Christmas possible, focus on the good things and repeat them. If you have financial or emotional worries write them down, worry about them all at once and then go on to something else. Trying to repeat past traditions may cause stress, and loneliness may cause depression. Try to find someone to spend time with or invent new traditions.

This advice may not solve all your problems but talking with people who have similar problems and interests may be comforting.

'Taking control: how to eat like a thin person" was the second lecture presented by WOC. Claudia Daniels from the Cypress Institute, a non-profit training and research institution in Monterey, was the speaker.

Daniels and her colleagues are interested in compulsive eaters, particularly women. "Most diets work," Claudia explained. Rather, "what are you using eating for?" is the question she is asking women who are compulsive eaters. Compulsive eating is not a natural process like sleeping, going to the bathroom, etc., although eating is necessary for the body."

'Naturally thin eaters can eat anything; they never deny themselves, but they only eat when they are hungry, she said. They also won't eat what they don't want, unlike the compulsive eater, who is only too glad to eat whatever is available."

Daniels also blamed compulsive eating on "social values that are not going along with our bodies." She warned women with eating problems that their families will not always support them in their efforts to overcome their problem. "Real eating only occurs when we are with other people, somehow," she said. "How do I sit down with

my family for dinner and not eat?" is a common problem many women trying to lose weight have to face, Daniels pointed out.

Most compulsive eaters' relationship with food is negative, she feels, because it involves denial. "The idea is to be fit, not super-thin," she explained. Daniels and the people at Cypress Institute try to teach Selfacceptance as the first step toward beating over-eating.

She also described several of the exercises they use to accomplish this.

Other Women On Campus meetings to look forward to

Jan. 8 - Job Placement

and How to get that Job; Jan. 22 - Women's Approach to World Views;

Feb. 5 - Doctors and Women, Patriarchy and Prejudice;

Feb. 19 - Personal and Professional Growth.

All meetings are scheduled for noon in C165 unless otherwise posted. Everyone (men, women, re-entering or not) is invited to attend.



Planetarium stays alive anyway

by Eddie Villegas

There is still a breath of life in the J. Frederic Ching planetarium. A new planetarium director has been appointed, and a show is scheduled for Dec. 18.

When Dave Aguilar quit his job as Hartnell's planetarium director for a job at the University of Colorado, the future of the planetarium was uncertain. There were considerations of stripping it out and converting the room into something else, or letting the star gazer remain dormant to gather dust. Instead, Andy Newton was chosen to oversee the planetarium as its new director.

Newton assisted Aguilar in helping to put together past shows. He is currently giving shows for elementary school children and community

groups.

The planetarium has been alloted a budget of \$10,000 for the academic year. This is in stark contrast to the \$45,000 that was alloted for last year. Newton's salary comprises \$8,700 of the \$10,000 while \$1,300 goes for supplies, brochure printing,

renovation of the star projector and advertising. Newton expects to get back most of the \$10,000 through ticket sales

The budget does not allow for an assistant to help with the upkeep of the planetarium. Although, Bill Bruesch, the media technician, occasionally helps in technical matters, Newton says he has had to work on the planetarium during his free time. But, he says he is doing a job he has always wanted to do and is frustrated with the restrictive hours.

The time Newton spends on the

planetarium puts a strain on the rest of the members in the media department because they have to cover the hours when he is not there.

Although Newton does not have a degree in astronomy, he claims it takes more to run a planetarium than being an astronomer. He holds a multi-media production degree from the University of California Santa Cruz, and claims to be well read in astronomy. With this combination he is able to give factual information on the universe and entertain the audience.

There are plans for future shows for the general public. The Christmas show, Dec. 18, may include carollers. In January there will be a show entitled, "Skywatchers of Ancient Mexico". This presentation will have two versions, in English and in Spanish. Newton plans on having the tickets sold in advance at the box office. He hopes to gain more student interest by holding matinees at noon during weekdays next semester. He also hopes to include a dazzling laser show in the future.

Planetarium show asks, 'Are we alone?'

by Eddie Villegas

Do you believe life exists on other planets?

A Fort Ord family and I were presented with this question and given a trip to Mars and Jupiter. We soared through the galaxy to alien planets in search of life on distant stars. We saw how human charateristics could be grotesquely distorted from a change in gravity or

atmospheric conditions.

"Are We Alone?" was presented on Dec. 5. It is one of the shows offered to comunity groups and elementary schools at the J. Fredrick Ching planetarium.

The show went smoothly although the light pointer was not working. Andy Newton said that this was a minor difficulty. The audience was thoroughly entranced, and I heard whispers comparing the show to" Star Wars." The kids were amazed at the special effects. I was just as "spaced out" as they were.

The visual effects seized the eyes while the sound system captured the ears with enthralling music. The planetarium acoustics enhanced the sound quality in the show's narrative. The monologue was not lost in muffled reverberations, something

your ears may strain through in some Salinas movie theaters. At times, the visuals seemed life-like as they were reflected off the mirrored dome.

The show was informative and entertaining. The audience was able to appreciate the unstilted information about the galaxy and planets and was enchanted by the diversified alien forms.

The general public will be able to see a Christmas show on Dec. 18. In January, "Skywatchers of Mexico" will be presented in Spanish and English. In Febuary, Newton hopes to present a show on the Jupiter effect.

This occurs on the first week of March when Jupiter and its moons align themselves with Earth. It is predicted that the Earth will suffer a catostrophe as a result of this.

Manpower has vacation jobs

After enduring the pressure of final exams, college students will be looking foward to semester break, but may not have enough money to enjoy it.

Temporary work offers more than money in the student's pocket. Career-minded students can gain practical experience and an education beyond the classroom through a variety of work assignments, particularly those in the office.

Although many students may not consider themselves "office material," Manpower is often able to discover hidden skills, valuable for office work, that many never knew they had. Manpower's Predictable Performance System of interviewing testing evaluates these skills, plus work attitudes, preferences, and past experience to accurately match workers with assignments in which they

will feel comfortable and perform well.

Wages for temporary assignments vary from area to area, but are competitive with entry-level wages for permanent jobs. The exact wage a temporary will earn depends on his or her work-ready skills.

The idea of working during vacation may not be appealing to students, even though they many need the money. A final advantage of temporary work is its flexible schedule. Students may work as few or as many days a week as they desire, leaving time to enjoy vacation.

For more information on becoming a Manpower temporary employee, contact Lin Krebs in Santa Clara at 900 Lafayette Street, Suite 407 or call (408) 247-6292

Humorous photos are shown

Once again, the Hartnell Gallery has opened with a new exhibit, this time featuring the black-and-white photographs of Jonathan Bayer. The London-based American spoke to a photography class last Monday about his life.

Ten years ago, Bayer became tired of the same 9 to 5 grind everyday and decided to go to London and try photography. Although he started out unsure that he would be able to survive as a photographer, he did, becoming a success in England.

He decided to become a photographer, because he felt a need to record events and scenes around

In the gallery, one notices few pictures of people. Most of Bayer's pictures are of inanimate objects. He explains that it's embarrassing to take pictures of people--an invasion of their

Bayer has been taking pictures of old houses, street scenes and window displays and has exhibited these in England, America and has had a oneman show in Israel.

Bayer was very enthusiastic about the Salinas Valley, because there are so many old buildings and other quaint objects to photograph.

Although several pictures in Bayer's exhibition are from the Salinas Valley, one won't see just local pictures. In his travels in the U.S., England and North Africa, Bayer has compiled an extensive collection of ironic and humorous photographs with the more formal qualities of a picture.

The exhibit can be seen in the Gallery, Monday through Thursday 10 a.m. to 1 p.m. and 6 to 9 p.m.. This exhibition is from Nov. 23 to Jan. 8, but the Gallery will be closed from Dec. 18 to Jan. 3 for Christmas.

Sentinel calendar

The arts

Dec 19-20 — The Salinas Performing Arts will sponsor a major production of Tchaikovsky's Nutcracker Ballet. For further information, see the Of Interest column on page 3.

Jan 14-16 — The Hartnell Drama Department will present "The Comedy of Errors" at 8 p.m. Tickets will be \$3.50 and \$2.50.

Odds and

Dec. 15 — Hartnell College Library will be conducting a survey on the students of Hartnell who use the library. The survey will be questioning what subjects, materials and reasons why students use the library.

Dec. 16 — Traditional Christmas Luncheon, Wed., 10:30 am-4 pm. The price is \$5.75. V-8 juice cocktail, prime rib of beef au jus, tossed green salad, baked potato with sour cream and chives, green peas with pearl onions and mushrooms, hot butterfly roll and butter. Surprise dessert. Hartnell College Cafeteria.

Dec. 19-Jan. 3 — Christmas vacation.

Dec. 21 — Hartnell College Library will start new hours. Mon.-Thurs., 10 a.m.-2 p.m. Library will be closed Fri., Sat., and Sun. until Dec. 31.

Jan. 2 — Dungeons and Dragons meet from 4-8 p.m. on Saturdays at the Steinbeck Library meeting room.

Career planning

Dec. 15 — Hartnell College Registration — Continuing students have program planning with a counselor for Spring semester classes to Dec. 18. New students go to

Admissions Office for application filing and class schedule. Plan also to take English Placement Exam.

Dec. 15 — English placement test, Tues., 9-10 a.m., room C385.

Dec. 16 — English placement test, Wed., 5-6 p.m. room C385.

Dec. 17 — English placement test, Thurs., 11-12, room C377.

Dec. 17 & Jan. 15 — Short Course — "Tear Gas and Self Defense." Students will learn the moral and legal aspects for use of tear gas in self-defense. 8:30-12:30 p.m. in C189. Fee: \$5 Instructor: Cameron Ervin.

Jan. 13 — Short Course — "Managing Time on the Job." Students will learn to manage time on their jobs better. Class will meet from 1 to 5 p.m. in a room to be announced at a later date. Instructor: James Bracher.

Black students honor King

United Black Students of Hartnell will observe Jan. 15 as a holiday in memory of Dr. Martin Luther King.

UBS will gather on the campus and later participate in a ceremony honoring King, which will be held at the Salinas Community Center in the Santa Lucia room at 7 p.m.

"A group of black students who are interested in the community of Salinas and working for unity among ourselves and other groups," said UBS president Steven Bradley Tebo. Other officers of UBS are: vice president, Ticka Simon, recording secretary, Walter Ryce; treasurer, Sidney Lovett; inter-club council representative, Eric Greene.

The following are future UBS activities: Feb. 10 and 11, Superintendent of Alta Loma College Dr. Samuel Ferguson will be speaking in the boardroom at 7 p.m. A reception will take place at 9 p.m. Feb. 25, a Jazz poetry festival will be held in the choral room from 7-9 p.m. The president of California State University at Fullerton will be on campus in March.

Tebo views the club as an educational communication and role model for younger students who may not be motivated to continue their education.

PERSONAL GROWTH WORKSHOP

Not just another "rap group" assisting the individual. Meeting will provide space, tools and support to accelerated growth to handle major attachments, addictions and barriers.

Science of Mind Center

484 South Main St., Suite 4, Salinas Meetings every Wed., Dec. 9 at 8 p.m.

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